

# TAEKWONDO USA / KARATE FOR KIDS

## McKINNEY CLASS SCHEDULE

### IN EFFECT JANUARY 2019

#### MONDAY

4:00 – 4:30 W, O, & Y Tiny Tigers  
 4:30 – 5:00 W, O & Y Jrs.  
 5:00 – 5:30 C & G Jrs.  
 5:30 – 6:00 P & BI Jrs.  
 6:00 – 6:30 **Brown, Red & Rec Black Jrs.**  
 6:30 – 7:00 **LEADERSHIP TRADITIONAL  
 WEAPONS - WHITE-REC BLACK**  
 7:00 – 7:30 **1\* Dec & Above WEAPONS - JRS**  
 7:30 – 8:15 **1\* Dec & Above Jr/Adult Black Belts**  
 8:15 – 9:00 **ALL ADULTS (13 & UP)  
 WHITE - REC BLACK**

#### TUESDAY

4:00 – 4:30 Br & R Jrs.  
 4:30 – 5:00 P & BI Jrs.  
 5:00 – 5:30 C & G Jrs.  
 5:30 – 6:15 Rec. & Dec. Jr. Black Belts  
 6:15 – 6:45 W, O, & Y Jrs.  
 6:45 – 7:15 W, O & Y Tiny Tigers  
 7:15 – 8:00 **BLACK BELT ADULT CLASS**  
 8:00 - 8:30 **WEAPONS – ADULTS ONLY**  
 8:30 – 9:15 **ALL ADULTS (13 & UP) COLOR  
 BELTS**

#### WEDNESDAY

4:00 – 4:30 W, O, Y Tiny Tigers  
 4:30 – 5:00 W, O, Y Jrs.  
 5:00 – 5:30 P & BI Jrs.  
 5:30 – 6:00 C & G Jrs.  
 6:00 – 6:30 **BROWN & RED JR'S**  
 6:30 – 7:00 **XMA & CREATIVE - LEVEL 1**  
 7:00 - 7:30 **REC & DEC JR. BLACK BELTS**  
 7:30 – 8:00 **XMA & CREATIVE - LEVEL 2**  
 8:00 – 8:45 **ALL ADULTS (13 & UP) W- BLACK**

#### THURSDAY

4:00 – 4:30 C & G Jrs  
 4:30 – 5:00 P & BI Jrs  
 5:00 – 5:30 Br & R Jrs.  
 5:30 – 6:15 Rec. & Dec. Jr. **BLACK BELTS**  
 6:15 – 6:45 W, O, Y Jrs.  
 6:45 – 7:15 W, O, Y Tiny Tigers  
 7:15 – 8:00 **ALL ADULTS (13 & UP )  
 WHITE – BLACK BELTS  
 (1 CLASS CREDIT)**

#### FRIDAY

No Classes  
 PRIVATE LESSONS  
 BY APPOINTMENT ONLY

Tiny Tigers = Ages 4, 5, & 6 year olds  
 Jrs. = Ages 7-12 year olds  
 Adults = Ages 13 & up ONLY

#### SATURDAY

8:00 - 9:00 LEADERSHIP/GRAPPLING CLASS  
 (AS ANNOUNCED)  
 9:00 - 9:30 W, O, Y TINY TIGERS & JR'S  
 9:00 - 9:45 **WHITE - BLUE - SPARRING CLASS**  
 9:45 - 10:30 **BROWN - BLACK**  
 10:30 - 11:15 **XMA & CREATIVE CLASS - LEVEL 1**  
 11:15 - 12:00 **XMA & CREATIVE CLASS - LEVEL 2**  
 12:00 - 12:30 **LEGACY CLASS**  
 12:30 - 1:15 **ALL ADULTS (13 & UP) W-BLACK**

**W=White, O=Orange, Y=Yellow, C=Camo, G=Green, P=Purple, BI=Blue, Br=Brown, R=Red**

This schedule is subject to change as class enrollments change. Changes will be posted and announced. Changes made will be to offer a better learning opportunity for the students.

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